



**Christian Church**  
(Disciples of Christ)  
in Nebraska

## NEBRASKA SELECTED BEHAVIORAL HEALTH RESOURCE LIST

### HOTLINES

**Methodist Hospital (Omaha) COVID-19 Emotional Support Line**

402-815-8255

**National Suicide Prevention Lifeline:** 1-800-273-8255 caller is routed to their nearest crisis center to receive immediate counseling and local mental health referrals. The Lifeline supports people who call for themselves or someone they care about.

---

### FINDING A COUNSELOR/THERAPIST

**PsychologyToday.com** - [CLICK HERE To find a therapist in your area](#) by entering your zip code. Indicates what insurance they accept. Also indicate focus on substance counseling. Sliding fee schedule

---

### COUNSELING CENTERS - IN NEBRASKA - BY COMMUNITY

#### **Grand Island**

\*Grand Island Mental Health

1917 West Faidley Avenue, Grand Island

308-398-0350

\*Mid Plains Center for Behavioral Healthcare Services

914 Bauman Drive, Grand Island

308-385-5250

#### **Hastings**

\*Lanning Center for Behavioral Health

825 South Burlington, Suite 108, Hastings

402-463-7711

\*South Central Behavioral Services  
606 West 5<sup>th</sup> Street, Hastings  
402-463-5684

### **Kearney**

\*Pathways Mental Health 2202 Central Avenue, Suite 12, Kearney  
308-627-0490

\*Mid Plains Center for Behavioral Healthcare Services 4111 4<sup>th</sup> Ave Suite 38,  
Kearney  
308-865-0014

\*South Central Behavioral Services  
3810 Central Avenue, Kearney  
308-237-5951

### **Lincoln**

\*Lutheran Family Services  
2301 O Street, Lincoln  
402-441-7940

\*Bryan Counseling Center  
2300 South 16<sup>th</sup>, Suite 201, Lincoln  
402-481-5991

### **Omaha**

\*Lutheran Family Services  
120 South 24<sup>th</sup> Street, Omaha  
402-342-7007

\*Child Saving Institute  
4545 Dodge Street, Omaha  
402-553-6000

\*Blue Valley Behavioral Health has 12 sites throughout Southeast Nebraska for mental health and substance abuse counseling: 402-261-4017, including:

## SUBSTANCE ABUSE DISORDERS RESOURCES

\*Bryan Independence Center

1640 Lake Street, Lincoln

402-481-5268

\*Centerpointe Counseling and Mental Health

2633 P Street, Lincoln (Omaha site as well)

402-475-8717

\*Valley Hope Addiction Treatment and Recovery

O'Neill and Omaha sites as well as Norton, KS

1-800-544-5101

\*Janice Rockwell

Prairie Winds Healing

908 North Howard Ave, Suite 102, Grand Island

308-398-6050